

RECOGNISING DOMESTIC VIOLENCE

Does your partner, boyfriend or girlfriend, flatmate, carer, or family member:

- Make you feel uncomfortable or afraid?
- Often put you down, humiliate you, or make you feel worthless?
- Constantly check up on what you are doing or where you are going?
- Try to stop you from seeing your own friends or family?
- Constantly accuse you of flirting with others when this isn't true?
- Tell you how the household finances should be spent, or stop you having any money for yourself?
- Stop you from having medical assistance?
- Scare or hurt you by being violent (e.g. hitting, choking, smashing things, locking you in, driving dangerously to frighten you)?
- Pressure or force you to do sexual things that you don't want to do?
- Threaten to hurt you, or to kill themselves if you say you want to end the relationship?
- Interfere with your online access or access to the phone?
- Hurt your children, or performed violent actions in front of your children?
- Do you have physical symptoms, such as tense muscles or racing heart beat because of these feelings?
- Do you have trouble concentrating because of these feelings?

If you have answered 'yes' to any of these, then there are signs that you are not being treated right, or that you are being abused. If you don't feel safe, respected and cared for, then something isn't right. Domestic and family violence can involve lots of types of abuse.

**IN THE CASE OF AN EMERGENCY
CALL 000 FOR POLICE OR AMBULANCE**

SERVICES ARE STRICTLY PRIVATE & CONFIDENTIAL



(02) 9727 0477
dv@corecs.org.au

Website

corecs.org.au

Facebook

@corecsorgau

<https://facebook.com/corecsorgau>

Instagram

@corecsorgau



**Integrated Domestic
& Family Violence**

**SUPPORTING YOU
TOWARDS SAFETY**



How We Can Help?

CORE Community Services opposes violence in all its forms.

We are a holistic service, working with you to design a plan to support you towards safety. Anyone can be a victim of family and domestic violence – children, women and men. Victims of family and domestic violence belong to all sections of our society.

Our Integrated Domestic & Family Violence service is available to all residents living in the Fairfield Local Government Area, our services are culturally appropriate to anyone who is subjected to domestic violence.

This service supports everyone who is involved in a domestic violence.

“I was able to escape from my perpetrator and seek support and solace, I thought was never possible.”

- person subjected to domestic violence

We provide



Crisis Counselling

Case Management



Court Support

Crisis Support



Support Group

Community Workshops



Advocacy

Provide assistance for victims and children escaping from physical, verbal, emotional and sexual violence/ assault, social isolation and financial and psychological manipulation

**Get the
support
you need**

**(02) 9727 0477
dv@corecs.org.au**